



Southern Shore
United

Soccer Program 2024

Club & Metro Divisions:

Under 8, 9, 10, 11, 13, 15



BAY BULLS
REGIONAL LIFESTYLE CENTRE

Welcome

Welcome to our Summer 2024 Club Soccer Program. SSU is proud to offer programming for children in the region. Southern Shore United Soccer Association (SSU), managed by Bay Bulls Regional Lifestyle Centre, is a not-for-profit organization. The association strives to maintain the lowest possible fees and ensuring that our members receive the highest level of soccer programming. The goal of the soccer program is to increase and encourage physical literacy, active living, technical ability & FUN!

What is Club Program?

Our club programming is for players ages 8+ and is focused on developing soccer skills. Our Technical Director, with help from our volunteer coaches, work to teach the fundamentals of soccer. We offer 2 one hour and 15 minutes long sessions per week over the course of 9 weeks. Those registered in our Club Program will have the option to also register for the Metro Soccer League.

What is Metro Soccer League?

The Metro Soccer League is a regional Club Competition. It provides our young players with the opportunity to enhance their skills in a competitive environment in order to take their soccer skills to the next level. It is comprised of all the soccer clubs in the greater Metro area throughout the Avalon Peninsula. Competitive games between the various clubs age groups are scheduled on weekends throughout the region from early June to mid-September.

To register in the Metro Soccer League, you **MUST** also be registered in our Club Program. In addition to the 2 weekday club program timeslots, Metro League players will also participate in weekend games, Metro team practices start early May 2024 and interested players must be registered before attending so that team selections can be finalized, and we can prepare for the upcoming season.

Team Selections:

All kids have the right to play in the club program, as well as the Metro League. Practices for Metro will start at the beginning of May (schedule TBD) and teams will be selected by Jim Hamlyn, Technical Director, in consultation with our volunteer coaches. NLSA required that we balance the teams between the kids registered in each age group.

Under 7 Metro:

We will continue to offer a metro option for Under 7 and this would be available to those born in **2017 ONLY!**

For more information regarding the Metro Soccer League visit their website:

<https://www.metroleaguesoccer.ca/home>

Metro League Manual: <https://www.metroleaguesoccer.ca/metro-league-manual>

Divisions:

Girls Under 7 – player born in 2017 * see *Timbits handbook for info on U7 training times*

Girls Under 8 – players born in 2016

Girls Under 9 – player born in 2015

Girls Under 10 – players born in 2014

Girls Under 11 – players born in 2013

Girls Under 13 – players born in 2011 – 2012

Girls Under 15 – player born in 2009 - 2010

Boys Under 7 – players born in 2017 * see *Timbits handbook for info on U7 training times*

Boys Under 8 – players born in 2016

Boys Under 9 – players born in 2015

Boys Under 10 – Players born 2014

Boys Under 11 – players born in 2013

Boys Under 13 – players born in 2011 - 2012

Club Practice Schedule:

GIRL SCHEDULE

	MON	TUESDAY	WED	THURSDAY
GU8		6:00 – 7:00		6:00 – 7:00
GU9		6:00 – 7:00		6:00 – 7:00
GU10		5:45 – 7:00 (Goulds)		7:15 – 8:30 (Bay Bulls)
GU11		5:45 – 7:00 (Goulds)		7:15 – 8:30 (Bay Bulls)
GU13		7:15 – 8:30 (Bay Bulls)		6:00 – 7:15 (Goulds)
GU15		7:15 – 8:30 (Bay Bulls)		6:00 – 7:15 (Goulds)

BOYS SCHEDULE

	MONDAY	TUES	WEDNESDAY	THURS
BU8	6:00 – 7:00 (Bay Bulls)		6:00-7:00 (Bay Bulls)	
BU9	6:00-7:00 (Bay Bulls)		6:00-7:00 (Bay Bulls)	
BU10	7:15-8:30 (Goulds)		7:15-8:30 (Bay Bulls)	
BU11	7:15-8:30 (Goulds)		7:15-8:30 (Bay Bulls)	
BU13	7:15-8:30 (Bay Bulls)		7:15-8:30 (Goulds)	

Each division will be pre-assigned to a grid before the first session, and they will remain on this grid for the entire summer. Each grid will be numbered!

Club Program Details:

Start/End Dates: Our club program will begin the week of June 24, 2024 and run until the week of August 22, 2024. Players registered in our metro league will begin practice/tryouts the beginning of May.

Metro Practice/Try-outs Schedule:

The metro weekend games begin the first weekend in June. Therefore, those players who are registered in our metro program will begin playing the beginning of May to give coaches a chance to select the teams and get some practices in before the weekend games begin. Exact start day will depend on how quickly the snow melts. All metro groups will practice at the field at Mobile Central High School for the month of May and June. A schedule will be released in April, but please note this schedule will differ from the schedule above, and the schedule above will come into effect on June 24th.

Registration Costs:

Since 2017 we have maintained the same registration fee and obtained grants in the past years to help reduce the costs of registration. Due to the increased costs of NLSA Fees, field maintenance & upkeep, equipment costs, and the additional administrative support, registration costs for timbits micro, club, and metro for 2024, we will be increased by \$10 each. We will continue to offer discount **off the club fees** as we've done in the past, and we will include a new 2nd child discount as well. Our 3rd child discount receives 50% off the micro or club registration when you register 3 children in our program. Our 2nd child discount will receive \$10 off their registration for the second child. ***Discount codes are not applied to Metro League Cost***

Cost: \$135/player

Discount Codes: Two Children Register use code "**secondchild**" Three Children Register "**thirdchild**"

Metro League Cost: \$100/player. In order to register in our metro league program, you must also be registered in our micro program.

Respect in Sport for Parents: For the 2024 season, all parents registering their children are required to complete the Respect In Sport for Parents course. Proof of completion will be require in order to complete registration. To access this course, please click the link below:

<http://nlsa.ca/content/respect-in-sport---parents-program>

What should they wear: All players are required to have a jersey kit. Jerseys kits can be purchased if you do not have one through the BBBAA office. Details about purchasing jerseys will be provided as soon as possible. An update will be posted to our Facebook and website.

We recommend with the Newfoundland weather to dress in layers and have a coat or sweater in case the weather takes a turn.

Equipment: Cleats and shinpads are required.

What should you bring: We provide everything the child may need for a session; however, you should always bring a water bottle for them! If you want to bring a fold-out chair to sit on while the child is playing, that is acceptable as long as it is not on the playing field.

Rain Days/Heat Warning: If the weather conditions are too wet or too hot and are not safe to play on, a call will be made no later than 4:00pm and it will be posted on our Southern Shore United Facebook Page and our soccer supervisor will also send out an email to all program participants. Please check our FB page & your email before your session if you are unsure about the weather. If there is no Facebook message or email - soccer is a go!

Registration

All registrations will take place online on a registration system called *RAMP Registration*.

Registration Deadlines:

Metro League – we have a strict deadline to register for Metro by Monday, May 6th, 2024!

Reminder: *In order to register for metro, you **MUST** also be registered in our club program!*

Club Program registrations will remain open until June 14, 2024. We urge everyone to register early in order to get teams organized and prepared and to avoid spaces filling up.

RAMP Registration Process:

Step 1: Visit the ramp registration link to get to this homepage. Go ahead and click on “create one Here’ to start the process of your account

Step 2: ‘Create One Here’ will lead you to this page where you can fill out your account information. This will be the home base account for your whole family. When you’ve finished filling this out, go ahead and login.

Step 3: Once you’re logged in, you’ll be taken to your homepage. For now, most of the links on the side are empty, but once you start registering, they’ll fill up! To register your play hit ‘participant.’ You’ve now started the registration process. Go ahead and choose “2024” as your season and ‘Add a Family Member’ to start entering your information.

Step 4: Go ahead and choose your division and select the registration packet (ex. Under 3)

Step 5: Go through our wavier and signature/select to show you’ve read it.

Step 6: Enter your emergency contact information for your player. Have more than one emergency contact? Go ahead and select ‘Add Another’ on the bottom of the page.

Step 7: We’ve added some additional questions to this registration, take an extra moment to fill these out.

Step 8: Review your information and submit! Payment can be made online at the point of registration or via EMT. Details will be provided through the system if you select this option.

Step 9: Once you have submitted your registration, you can go ahead and find it under ‘My Registrations.’ Have another player? Go ahead and head back to ‘Dashboard’ or ‘Register’ to start this process again.

Space is limited therefore, registration will be first come, first serve.

Refund Policy

The association incurs an administrative cost for each child during registration including but not limited to staffing, credit card & debit fees, equipment, facility rental and it is because of these costs that the BBAA has adopted a refund policy going forward for all programs.

A full refund, minus a \$15 non-refundable deposit, will be granted if written notice is submitted to the Recreation Director no later than 9:00am 2 days before the first soccer session begins. After that, a refund or credit may only be issued for a medical reason which prohibits continued participation, in which case a medical note is required.

Refunds or credits will not be issued for individual absent days, even if a medical note is attached. Refunds will not be given for removal due to behavioural concerns or failure to comply with camp policies and procedures.

Refund or credit requests will not be issued after program end date has passed.

All payments are to be made at time of registration. If you have any issues, please call Cindy at 334-3348.

PLEASE NOTE: A \$40.00 fee will apply to any NSF cheques received by the BBAA.

Volunteer Coaches

Our club teams are operated under the direction of SSU's Technical Director, Jim Hamlyn, and the help from our volunteer coaches! Our club program is made possible because of the generous support of our volunteer coaches! Our summer students also help with on-field instruction.

For the 2024 season we are requiring all those who are interested in volunteering with us this summer to fill out an application and submit to the BBRLC office. The application can be found via the link below:

<https://forms.gle/4fC69DDUDWMBLxw57>

Individual & Team Photos

We will have a photographer come to the field to take individual and team photos during the summer program. Details about this will be provided later this spring.

Questions?

For and questions or concerns, please email carlasullivan@bbrlc.ca.