



Southern Shore
United

**Soccer Program 2024
Timbits Micro Division
Under 3, 5, & 7**

Sponsored By:



Welcome

Welcome to our Summer 2024 Timbits Micro Soccer Program. SSU is proud to offer programming for children in the region. Southern Shore United Soccer Association (SSU), managed by Bay Bulls Regional Lifestyle Centre, is a not-for-profit organization. The association strives to maintain the lowest possible fees and ensuring that our members receive the highest level of soccer programming. The goal of the soccer program is to increase and encourage physical literacy, active living, technical ability & FUN!

SSU is pleased to continue our partnership with Tim Hortons Timbits Soccer Program. Timbits Micro Division Players (U3-U7) will receive a complete set of jersey, shorts and socks and ball as part of their registration. Jersey pick-up information will be communicated the closer we get to the program start date.

What is Timbits Micro League?

Our Micro League is for our youngest players and their introduction to soccer. Our summer student coaches work with each group to teach the fundamentals of soccer through fun games, skills and activities.

What is Metro Soccer League?

NOTE: *Metro is only an option for those in U7 and born in 2017*

The Metro Soccer League is a regional Club Competition. It provides our young players with the opportunity to enhance their skills in a competitive environment in order to take their soccer skills to the next level. It is comprised of all the soccer clubs in the greater Metro area throughout the Avalon Peninsula. Competitive games between the various clubs age groups are scheduled on weekends throughout the region from early June to mid-September.

To register in the Metro Soccer League, you **MUST** also be registered in our Timbits Micro Program. In addition to the 2 weekday club program timeslots, Metro League players will also participate in weekend games, Metro team practices start early May 2024 and interested players must be registered before attending so that team selections can be finalized, and we can prepare for the upcoming season.

Team Selections:

All kids have the right to play in the club program, as well as the Metro League. Practices for Metro will start at the beginning of May (schedule TBD) and teams will be selected by Jim Hamlyn, Technical Director, in consultation with our volunteer coaches. NLSA required that we balance the teams between the kids registered in each age group.

Under 7 Metro:

This will be available for U7 players born in **2017 ONLY! Those born after 2017 do not have an option to play metro.**

For more information regarding the Metro Soccer League visit their website:

<https://www.metroleaguesoccer.ca/home>

Metro League Manual: <https://www.metroleaguesoccer.ca/metro-league-manual>

Micro Timbit Divisions:

Timbits Under 3 – players born in 2021 - 2022

Timbit Under 5 – players born in 2019 - 2020

Timbits Under 7 – players born on 2017 - 2018

Schedule:

<u>Timbit Under 3</u>	<u>Timbits Under 5</u>	<u>Timbits Under 7</u>
5:45 – 6:45 pm Monday & Wednesday	5:45 – 6:45 pm Monday & Wednesday	5:45 – 6:45 pm Tuesday & Thursday

All sessions will be located at the Alexandra Williams Field in Bay Bulls (located behind Bay Bulls Regional Lifestyle Center). Schedule is subject to change!

All participants will be pre-assigned to a grid before the first session, and they will remain on this grid for the entire summer. Each grid will be numbered!

Program Details:

Start/End Dates: Our timbits program will begin the week of June 24, 2024 and run until the week of August 22, 2024. Players registered in our metro league will begin practice/tryouts the beginning of May.

Metro Practice/Try-outs Schedule:

The metro weekend games begin the first weekend in June. Therefore, those players who are registered in our metro program will begin playing the beginning of May to give coaches a chance to select the teams and get some practices in before the weekend games begin. Exact start day will depend on how quickly the snow melts. All metro groups will practice at the field at Mobile Central High School for the month of May and June. A schedule will be released in April, but please note this schedule will differ from the schedule above, and the schedule above will come into effect on June 26th.

Registration Costs:

Since 2017 we have maintained the same registration fee and obtained grants in the past years to help reduce the costs of registration. Due to the increased costs of NLSA Fees, field maintenance & upkeep, equipment costs, and the additional administrative support, registration costs for timbits micro, club, and metro for 2024 will be increased by \$10 each. We will continue to offer discount **off the club fees** as we've done in the past, and we will include a new 2nd child discount as well. Our 3rd child discount receives 50% off the micro or club registration when you register 3 children in our program. Our 2nd child discount will receive \$10 off their registration for the second child. **Discount codes are not applied to Metro League Cost**

Cost: \$135/player

Discount Codes: Two Children Register_use code “secondchild” Three Children Register “thirdchild”

Metro League Cost: \$100/player. In order to register in our metro league program, you must also be registered in our micro program.

Respect in Sport for Parents: For the 2024 season, all parents registering their children are required to complete the Respect In Sport for Parents course. Proof of completion will be required in order to complete registration. To access this course, please click the link below:

<http://nlsa.ca/content/respect-in-sport---parents-program>

What should they wear: Kids in this program are provided with a Tim Hortons Jersey Kit, which includes a jersey, shorts and socks that should be worn to the session. We recommend with the Newfoundland weather to dress in layers and have a coat or sweater in case the weather takes a turn.

Under 7 Metro Players will be required to purchase a SSU Jersey Kit. Jerseys kits can be purchased if you do not have one through the BBRLC office. Details about purchasing jerseys will be provided as soon as possible. An update will be posted to our Facebook and website. They will also receive the Timbits Jersey Kit as a part of their Micro Program Registration that can be worn during Tuesday and Thursday practices.

Equipment: Kids should have cleats or sneakers on to run around in. Cleats & shinpads are required for the under 7 division.

What should you bring: We provide everything the child may need for a session; however, you should always bring a water bottle for them! If you want to bring a fold-out chair to sit on while the child is playing, that is acceptable as long as it is not on the playing grid.

Timbits Jamboree: Our Timbits Jamboree will be held on Saturday, August 17, 2024 - details to follow at a later date. We hand out participation certificates and medals during our jamboree

Rain Days/Heat Warnings: If the weather conditions are too wet or too hot and are not safe to play on, a call will be made no later than 4:00pm and it will be posted on our Southern Shore United Facebook Page and our new soccer coordinator will also send out an email to all program participants. Please check our FB page & your email before your session if you are unsure about the weather. If there is no Facebook message or email - soccer is a go!

How to Register

All registrations will take place online on a registration system called *RAMP Registration*.

Registration Deadlines:

Metro League - we have a strict deadline to register for Metro by Monday, May 6th, 2024 to allow time to prep team selections.

Metro deadline pertains to U7 metro players only. In order to register for metro you **MUST also be registered in our micro program!*

Micro Program registrations will remain open until June 14, 2024. We urge everyone to register early in order to get teams organized and prepared as spaces typically fill up fast!

RAMP Registration Process:

Step 1: Visit the ramp registration link to get to this homepage. Go ahead and click on “create one Here’ to start the process of your account

Step 2: ‘Create One Here’ will lead you to this page where you can fill out your account information. This will be the home base account for your whole family. When you’ve finished filling this out, go ahead and login.

Step 3: Once you’re logged in, you’ll be taken to your homepage. For now, most of the links on the side are empty, but once you start registering, they’ll fill up! To register your play hit ‘participant.’ You’ve now started the registration process. Go ahead and choose “2024” as your season and ‘Add a Family Member’ to start entering your information.

Step 4: Go ahead and choose your division and select the registration packet (ex. Under 3)

Step 5: Go through our wavier and signature/select to show you’ve read it.

Step 6: Enter your emergency contact information for your player. Have more than one emergency contact? Go ahead and select ‘Add Another’ on the bottom of the page.

Step 7: We’ve added some additional questions to this registration, take an extra moment to fill these out.

Step 8: Review your information and submit! Payment can be made online at the point of registration or via EMT. Details will be provided through the system if you select this option.

Step 9: Once you have submitted your registration, you can go ahead and find it under ‘My Registrations.’ Have another player? Go ahead and head back to ‘Dashboard’ or ‘Register’ to start this process again.

Space is limited, therefore, registration will be first come, first serve.

Refund Policy

The association incurs an administrative cost for each child during registration including but not limited to staffing, credit card & debit fees, equipment, facility rental and it is because of these costs that we have adopted a refund policy going forward for all programs.

A full refund, minus a \$15 non-refundable deposit, will be granted if written notice is submitted to the Recreation Director no later than 9:00am 2 days before the first soccer session begins. After that, a refund or credit may only be issued for a medical reason which prohibits continued participation, in which case a medical note is required.

Refunds or credits will not be issued for individual absent days, even if a medical note is attached. Refunds will not be given for removal due to behavioural concerns or failure to comply with camp policies and procedures.

Refund or credit requests will not be issued after program end date has passed.

All payments are to be made at time of registration. If you have any issues, please call BBRLC office at 334-3348.

PLEASE NOTE: A \$40.00 fee will apply to any NSF cheques received by the BBAA.

Coaches

Our Timbits Micro Division is operated under the direction of SSU's Technical Director, Jim Hamlyn. BBAA hires summer students to help with the on-field instruction.

Volunteer Coaches for Under 7 Metro

Our U7 metro teams will be looking for volunteer coaches. All those interested must submit an application to the BBAA office. All details can be found via the link below:

Individual & Team Photos

We will have a photographer come to the field to take individual and team photos during the summer program. Details about this will be provided later this spring.

Questions?

For and questions or concerns, please email carlasullivan@bbrlc.ca